

1987 Metro Track & Field Honor Roll (6/3/87)

St. Paul Pioneer Press - compiled by Mike Fermoye

(might not include all Regionals or the State Meet)

Discus Throw

168-3.5 Jeff Krieger, Totino Grace
164-10 Steve Recksiedler, Roseville
160-9 Ron Johnson, Elk Riiver
159-2 Mark Zimmerman, Spring Lake Park
159-0 Brad Schumacher, Woodbury
156-9 Mike Schwartz, Irondale

High Jump

6-9 Mark Terwilliger, Stillwater
6-9 Luke Frieling, Blaine
6-8 Dan Erickson, Irondale
6-6 Todd Acheson, NSP-Tartan
6-6 Greg Lindblad, Coon Rapids
6-6 Jeff Wirtz, Blaine
6-6 Steve Dahlin, Minnetonka

Long Jump

23-4 Dmitri Martin, Mpls Henry
22-11 Rod Smith, Roseville
22-7 Todd Warren, Edina
22-3.25 Steve McTavish, Mounds View
22-2.25 Tyrone Minor, St Paul Central
21-11.5 Paul Peltier, White Bear Lake

Pole Vault

13-9 Mark Shirley, Minnehaha Academy
13-8 Brian Dyke, White Bear Lake
13-8 Kent Landreth, Bloomington Kennedy
13-6 Paul Hoppe, Stillwater
13-6 Ted Erickson, White Bear Lake
13-6 Troy Hall, Cambridge

Shot Put

59-0.75 Joel Sward, Red Wing
57-9.5 Chris Dolejs, Apple Valley
55-9.5 Steve Recksiedler, Roseville
54-4 Brad Liska, Sibley
54-3 Keith Goelat, Irondale
54-2.5 Tom Schiller, Hastings

Triple Jump

45-6 Terrell Johnson, Mpls Henry
45-5.5 Steve McTavish, Mounds View
45-1 Todd Acheson, NSP-Tartan
44-6.5 Tim Remme, Blaine
44-1.5 Dan Erickson, Irondale
43-5.5 Craig Rowe, Apple Valley

110 Meter High Hurdles

14.2 Dan Bannister, Mpls North
14.4 Jim Fuqua, Mounds View
14.6 Fran Swenson Robb. Armstrong
14.6 Paul Eischen, Hastings
14.6 Chad Banken, Coon Rapids
14.7 Bob Penschoin, Park

300 Meter Intermediate Hurdles

38.3 Dan Bannister, Mpls North
38.8 Paul Eischen, Hastings
39.0 Fran Swenson Robb. Armstrong
39.4 Chad Banken, Coon Rapids
39.7 Steve Sachel, Blaine
39.8 Rob Warren, Roseville

100 Meter Dash

10.8 Chris SanAugustin, Apple Valley
10.8 Joe Hemberger, Park
10.8 Rod Smith, Roseville
10.9 Willie Fields, St Paul Central
10.9 Wayne Hawkins, Columbia Heights
11.0 Sean Bradford, St Paul Highland Park
11.0 Paul Blomgren, Sibley
11.0 Gary Trettel, Mounds View
11.0 Scott Goplen, St. Croix Lutheran
11.0 David Adkins, St Paul Johnson
11.0 Brian Stephens, Mahtomedi

200 Meter Dash

22.0 Joe Hemberger, Park
22.1 Dmitri Martin, Mpls Henry
22.1 Rod Smith, Roseville
22.2 Koen Bastiaens, Wayzata
22.2 Robert Mateen, Richfield
22.4 Brian Stephens, Mahtomedi
22.5 David Adkins, St Paul Johnson
22.5 Tim Roach, Mounds View
22.5 Wayne Hawkins, Columbia Heights

400 Meter Dash

49.2 Tim Roach, Mounds View
49.6 Dane Christensen, Mounds View
50.0 Bart Moseman, Irondale
50.3 Sean Bradford, St Paul Highland Park
50.4 Chris Pavlick, St Thomas Academy
50.4 Ben Osmond, Irondale
50.4 Steve Dolan, Holy Angels

800 Meter Run

1:56.6 Ben Osmond, Irondale
1:56.7 Steve Holman, Richfield
1:57.5 Chris Silva, Hill-Murray
1:59.2 Jeff Hunter, Rosemount
1:59.4 Toben Nelson, Roseville
1:59.4 Matt Cooper, Hastings

1600 Meter Run

4:14.0 Steve Holman, Richfield
4:21.1 Craig Greenslit, Hastings
4:25.6 Rob Thompson, Forest Lake
4:27.1 Mike Martens, White Bear Lake
4:28.1 Dan Ewers, Columbia Heights
4:28.7 Tim Foster, Roseville

3200 Meter Run

9:37.6 Andy Larsen, Osseo
9:42.4 Craig Greenslit, Hastings
9:43.4 Rob Thompson, Forest Lake
9:49.3 Brad Yetten, St. Louis Park
9:49.5 Todd Ingemansen, Coon Rapids

400 Meter Relay

43.3 Mounds View
43.6 White Bear Lake
43.8 Apple Valley
44.1 Park
44.1 Stillwater
44.1 Coon Rapids
44.2 South St. Paul

1600 Meter Relay

3:21.2 Mounds View
3:23.4 Hill-Murray
3:24.0 Irondale
3:25.4 Wayzata
3:25.7 White Bear Lake
3:25.8 Hastings

1600 Medley Relay

3:32.0 Hill-Murray
3:34.1 White Bear Lake
3:35.8 Mounds View
3:37.4 Rosemount
3:37.5 Forest Lake
3:38.1 Richfield

Note: The *Pioneer Press* seems to have attempted to convert FAT times to the tenth of a second by rounding the hundredths off.